

SAFETY TIPS FROM:



**CROSS
COUNTY
CONNECTION**

TRANSPORTATION MANAGEMENT ASSOCIATION

(856)-596-8228



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SAFETY TIPS



- Cross only at corners or crosswalks. Avoid crossing between parked cars.
- Cross only on the green or “WALK” signal.
- Look all ways before crossing. STOP. Look left, look right, and look left again.
- When walking on the road, stay on the left side, facing traffic.
- Watch for vehicles turning “right on red.”
- Wear reflective materials so drivers can see you at night or in bad weather. Don’t assume drivers see you; make eye contact with drivers.
- Avoid distractions i.e.: headphones, texting, and/or talking on the phone when walking.



Obey All Traffic Signs and Signals

Bicyclists must obey all local and state traffic rules. Bicyclists have the same rights and responsibilities as other motorists and, accordingly, must drive with the same level of care.

Never Ride Against Traffic

Motorists are not looking for bicyclists riding on the wrong side of the street. Ride with traffic to avoid accidents.

Use Hand Signals

Signal all turns and stops ahead of time. Look over your shoulder for any traffic, and then make your intended move only when it is safe to do so.



- NJ law requires that every bicycle must be equipped with a white light on the front and a red light in the rear. Children should wear bright colors and reflectors on their jackets or bookbags. They need to be seen if it is dark or overcast outside.
- In the state of New Jersey, children 17 and under are required to wear helmets while bicycling. Helmets can reduce the risk of head injury by 85% if worn correctly.*
- Children should take five big steps in front of a school bus before crossing the street, to make sure they can see the bus driver, and vice versa.

